

등록번호: 01902213

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성별/나이: 여 / 만 33 세

종합 소견 (Summary & Recommendation)

gauttam sweeni 님께서는 2019년 03월 25일 거봉백병원 건강증진센터에서 종합검진을 받으셨습니다.

아래 몇가지 검사의 결과를 참고하셔서 건강한 삶을 유지하시기 바랍니다.

breast mass

* The breast sonographic result is 8mm sized lobulated hypoechoic C3/4 mass at Lt. 11hr, 4cm distance. I'd like to recommend you to meet the general surgeon in our hospital for further information and management about this.

The blood platelet level is incresed

* The blood platelet level is higher than normal range. further follow-up check is required.

Mild Restrictive pattern

* The pulmonary function test result is Mild Restrictive pattern.

Because your simple chest radiologic examination result shows normal finding, this finding has few clinical significances in my opinion.

I'd like to recommend you to take a follow-up check-up. If you have symptoms such as cough, sputum or dyspnea etc, you must meet the physician. If you are a smoker, I'd like to recommend you to stop cigarette smoking.

The eosinophil count is elevated

* The eosinophil count is elevated. The parasite infection or certain drug medications could cause eosinophil count elevation. I'd like to recommend you to take a regular follow-up exam. (If you have a liking for eating raw meat or fish, the chance of parasite infection is increased. So in that case, I'd like to recommend you to meet the physician in our hospital for further information and management about this.)

The serum ferritin level is decresed

* The serum ferritin level is decresed. This can occurs in such conditions as excessive iron status, liver disease, renal disease or rheumatoid disease. I'd like to recommend you to meet the physician in our hospital for further information and management about this.

Elevated serum ESR level

* Generally, without the inflammation or infection in your body, the elevated serum ESR level has few clinical significances. For example, a stressful conditon can cause the elevated serum ESR level. Without the inflammation or infection in your body, I'd like to recommend you to take a regular follow-up check.

osteocalcin low

* The level of osteocalcin(Osteocalcin is one of the biochemical marker of bone metabolism.)islow. I'd like to recommend you to take calcium-rich food ingestion and half an hour walking under sun-light. I'd like to recommend you to take a regular health check-up including an additional bone density test. Alcohol drinking and smoking is harmful to your health. So If you are a smoker or an alcohol drinker, I'd like to recommend you to stop cigarette smoking or alcohol drinking.

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High Sensitivity CRP level

* The serum High Sensitivity CRP level is elevated. This serum High Sensitivity CRP level could be related to the increased risk of coronary vascular disorder such as heart disease, atherosclerosis, diabetes mellitus and cerebral infarction etc. So the life style modifications such as diet control, regular exercise, body weight control and stopping cigarette smoking etc should be required. And the regular follow-up check of High Sensitivity CRP is needed.

The antibody to hepatitis B is absent now

* The antibody to hepatitis B is absent now. This means that you are susceptible to hepatitis B. I'd like to recommend you to take a hepatitis B vaccination shot. Please meet the physician about this.

The low serum hemoglobin level is detected

* The low serum hemoglobin level is detected in your blood test. And also the abnormal findings are detected in the anemia test(serum Fe:low, TIBC:high). The severity of anemia is somewhat mild, so in my opinion you don't have to take particular treatments about this right now. But in case of any symptoms related to anemia such as dizziness or dyspnea etc, I'd like to recommend you to meet the physician in our hospital for further management about this. And although without symptoms such as dizziness or dyspnea, I'd like to recommend you to take the anemia check-up after 2 months.

The white blood cell(WBC) count is elevated

* The white blood cell(WBC) count is elevated. The infection or inflammation could cause WBC count elevation. If you have any symptoms related to infection or inflammation, I'd like to recommend you to meet the physician in our hospital for further information and management about this.

hepatic cysts

* According to the abdominal CT, there is hepatic cysts in your liver. Generally a pure hepatic cyst is not a malignant lesion. But serial follow-up exam should be needed to check whether there would be size or shape changes and complications(Ex: infection, bleeding etc). Although rare cases, the shape changes could suggest the malignant changes. So I'd like to recommend you to take the follow-up abdominal ultrasonography after 1 year.

the level of NSE is elevated

* In serum tumor marker test, the level of NSE is elevated. Although it is generally known that the level of NSE is elevated in lung cancer but there are many cases of false positive. Because the amount of NSE increase is mild and there is no significant abnormal findings in your simple chest radiographic exam, I guess there is little clinical significances. So I'd like to recommend you to take a regular health check-up and follow-up exam about this. (If you are ex-smoker or